

Salmon River Joint School District No. 243

INSTRUCTION

2302

Student Nutrition and Physical Activity

The Board is committed to providing a school environment that promotes and protects the health and well-being of its students. The Board encourages all members of the school community to create an environment that supports lifelong habits of healthy eating and regular physical activity through the following goals:

I. Nutrition:

- provide age appropriate nutrition education to students through established District curricula;
- provide education and opportunities for students to select healthy, nutritious food items during the school day; and
- meet federal food service guidelines as required by the National School Lunch and Breakfast program.

II. Physical Activity:

- provide physical education as outlined in District curricula;
- provide time at the elementary level for supervised recess; and
- provide extra-curricular activities that enable students to select from a variety of sports and other active-oriented endeavors.

Cross Reference: 8201 Food Services

Legal Reference: I.C. § 33-512 Governance of Schools

Policy History:

Adopted on: August 17, 2009

Revised on: