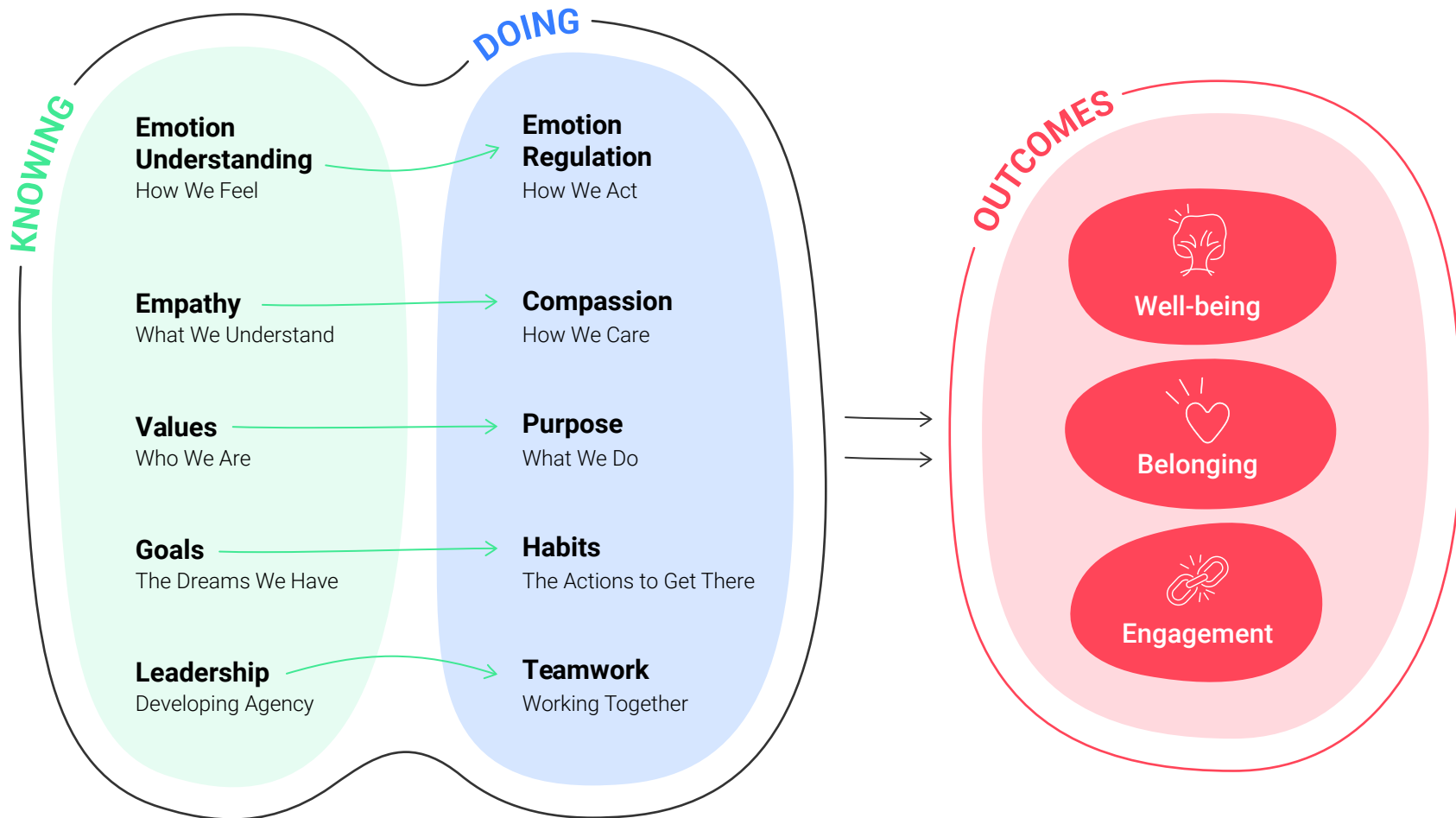


SECONDARY Ingredients & Outcomes



6TH GRADE Scope & Sequence

Belonging: How can we create a place where everyone feels like they belong?

Setting the Stage

- S1: Defining Community
- S2: Building Community
- S3: Middle School Mythbusting
- S4: Middle School Mythbusting
- S5: Community Agreements
- S6: Community Agreements
- S7: Introduce the CharacterDare Process
- S8: Get to Know Your School: Who's Here?
- S9: Get to Know Your School: What's Here?

Values & Purpose

- S10: Values Exploration: What Does This Mean?
- S11: Values Exploration: Where Do They Come From?
- S12: Values Exploration: What Does This Look Like?

Empathy & Compassion

- S13: Community Building: Listening
- S14: Community Building: Listening
- S15: Community Building: Perspective-Taking
- S16: Community Building: Perspective-Taking

Emotion Understanding & Regulation

- S17: Community Building: Emotions
- S18: Community Building: Emotions
- S19: Community Building: Conflict Resolution

- S20: Community Building: Conflict Resolution
- S21: Community Building: Friendship
- S22: Community Building: Friendship

Empathy & Compassion

- S23: Community Building: Listening
- S24: Community Building: Listening
- S25: Community Building: Perspective-Taking
- S26: Community Building: Perspective-Taking

Goals & Habits

- S27: Community Building: Emotions
- S28: Community Building: Emotions
- S29: Community Building: Friendship
- S30: Community Building: Friendship
- S31: Community Building: Conflict Resolution
- S32: Community Building: Conflict Resolution

Reflections

- S33: Reflections
- S34: Reflections
- S35: Reflections

7TH GRADE Scope & Sequence

Well-being: How do I develop personal well-being and how does it affect our relationships with others?

Setting the Stage

- S1:** Welcome Back
- S2:** Building Community
- S3:** Community Agreements
- S4:** Community Agreements

Values & Purpose

- S5:** Values Clarification: Coming Back
- S6:** Values Clarification: How'd We Do?
- S7:** Values Clarification: What's Next?

Emotion Understanding & Regulation

- S8:** Foundations: Emotion Understanding
- S9:** Foundations: Emotion Understanding
- S10:** Foundations: Emotion Regulation
- S11:** Foundations: Emotion Regulation
- S12:** Foundations: Emotion Regulation
- S13:** Foundations: Stress & Coping
- S14:** Foundations: Stress & Coping

Empathy & Compassion

- S15:** Social Connections: Social Awareness
- S16:** Social Connections: Social Awareness
- S17:** Social Connections: Social Awareness
- S18:** Social Connections: Relationship Skills
- S19:** Social Connections: Relationship Skills

Goals & Habits

- S20:** Well-being: What Is It?
- S21:** Well-being: What Do I Want?
- S22:** Well-being: How Do I Get There?
- S23:** Well-being: How Do I Keep It Going?

Leadership & Teamwork

- S24:** Communication Skills: Assertiveness
- S25:** Communication Skills: Assertiveness
- S26:** Communication Skills: Compromise
- S27:** Communication Skills: Handling Conflict
- S28:** Communication Skills: Handling Conflict
- S29:** Putting Skills Into Practice: Project Based Learning
- S30:** Putting Skills Into Practice: Project Based Learning
- S31:** Putting Skills Into Practice: Project Based Learning
- S32:** Putting Skills Into Practice: Project Based Learning

Reflections

- S33:** Reflections
- S34:** Reflections
- S35:** Reflections



8TH GRADE Scope & Sequence



Engagement: How do we practice engaging meaningfully in our lives, our friendships, and in our school?

Setting the Stage

- S1:** Welcome Back
- S2:** Building Community
- S3:** Community Agreements
- S4:** Community Agreements

Values & Purpose

- S5:** Values & Your Future: Dreaming Ahead
- S6:** Values & Your Future: Dreaming Ahead
- S7:** Values & Your Future: The Importance of High School
- S8:** Values & Your Future: The Importance of This Year

Goals & Habits

- S9:** Values & Habits: Making Habits Happen
- S10:** Values & Habits: Academics
- S11:** Values & Habits: Community

Emotion Understanding & Regulation

- S12:** ACT (Acceptance and Commitment Training) Overview
- S13:** ACT for Engagement: Self Awareness
- S14:** ACT for Engagement: Self Awareness
- S15:** ACT for Engagement: Self Awareness
- S16:** ACT for Engagement: Self Awareness

Goals & Habits

- S17:** Building Response-ability: Self Awareness
- S18:** Building Response-ability: Self Awareness

- S19:** Building Response-ability: Connection to Values
- S20:** Building Response-ability: Connection to Values
- S21:** Building Response-ability: Academic Check In
- S22:** Building Response-ability: Community Check In

Values & Purpose

- S23:** Teamwork & Values: Connection to Your Future
- S24:** Teamwork & Values: Connection to Your Values

Emotion Understanding & Regulation

- S25:** Teamwork & Emotions: Self Awareness
- S26:** Teamwork & Emotions: Respond vs React

Empathy & Compassion

- S27:** Teamwork & Empathy: Perspective-Taking
- S28:** Teamwork & Empathy: Active Listening

Leadership & Teamwork

- S29:** Being School Leaders: Project Based Learning
- S30:** Being School Leaders: Project Based Learning
- S31:** Being School Leaders: Project Based Learning
- S32:** Being School Leaders: Project Based Learning
- S33:** Being School Leaders: Project Based Learning

Reflections

- S34:** Reflections
- S35:** Reflections

Scope & Sequence 9th Grade

Belonging:
How can we create a
place where everyone
feels like they belong?

Setting the Stage

- S1:** Welcome to High School: Introduction
- S2:** Community Building
- S3:** Community Agreements
- S4:** Community Agreements
- S5:** Stress Relief (Pyne Testtaking)

Values & Purpose

- S6:** To Be Lists: Introduction
- S7:** To Be Lists: Writing
- S8:** To Be Lists: Accountability

Emotion Understanding & Regulation

- S9:** Community Building: Social Supports (Pyne Belonging)
- S10:** Community Building: Social Supports
- S11:** Community Building: Perspective Taking

Empathy & Compassion

- S12:** Community Building: Stress & Coping
- S13:** Community Building: Social Belonging
- S14:** Community Building: Social Belonging
- S15:** Community Building: Perspective Taking

Values & Purpose

- S16:** Skills for Belonging: Connecting to Values
- S17:** Skills for Belonging: Connecting to Values

Emotion Understanding & Regulation

- S18:** Skills for Belonging: Self Awareness
- S19:** Skills for Belonging: Stress & Coping

Goals & Habits

- S20:** Skills for Belonging: To Be Lists Review
- S21:** Skills for Belonging: Goals for Next Year
- S22:** Skills for Belonging: Goals for Next Year

Reflections

- S23:** Reflections
- S24:** Reflections
- S25:** Reflections

Scope & Sequence 10th Grade

Well-being:

How can I cultivate well-being in my life and the lives of others?

Setting the Stage

- S1:** Welcome Back
- S2:** Community Building
- S3:** Community Agreements
- S4:** Community Agreements
- S5:** Skills for Well-being: Mental Health Foundations
- S6:** Skills for Well-being: Mental Health Foundations

Values & Purpose

- S7:** To Be Lists: Review
- S8:** To Be Lists: Rewriting
- S9:** To Be Lists: Accountability

Goals & Habits

- S10:** To Be Lists: Goals for Well-being
- S11:** To Be Lists: Goals for Well-being
- S12:** Skills for Well-being: Staying True to Your Values
- S13:** Skills for Well-being: Staying True to Your Values
- S14:** Skills for Well-being: Stress & Coping
- S15:** Skills for Well-being: Stress & Coping

Leadership & Teamwork

- S16:** Make Well-being Normal: Project Based Learning
- S17:** Make Well-being Normal: Project Based Learning
- S18:** Make Well-being Normal: Project Based Learning
- S19:** Make Well-being Normal: Project Based Learning
- S20:** Make Well-being Normal: Project Based Learning

Goals & Habits

- S21:** To Be Lists: Habits for Well-being
- S22:** To Be Lists: Habits for Well-being

Reflections

- S23:** Reflections
- S24:** Reflections
- S25:** Reflections

Scope & Sequence 11th Grade

Engagement:

What can I do to fully engage in my life now that prepares me for a meaningful life after high school?

Setting the Stage

S1: Welcome Back

S2: Community Building

S3: Community Agreements

S4: Community Agreements

Values & Purpose

S5: To Be Lists: Belonging In School

S6: To Be Lists: Belonging In School

Empathy & Compassion

S7: Exploring & Sharing Stories: Project Based Learning

S8: Exploring & Sharing Stories: Project Based Learning

S9: Exploring & Sharing Stories: Project Based Learning

S10: Exploring & Sharing Stories: Project Based Learning

Emotion Understanding & Regulation

S11: Mental Health & Well-being

S12: Mental Health & Well-being

Leadership & Teamwork

S13: Identifying Barriers to Belonging: Individual Barriers

S14: Identifying Barriers to Belonging: School Barriers

S15: Identifying Barriers to Belonging: Social Barriers

S16: Creating Belonging: Project Based Learning

S17: Creating Belonging: Project Based Learning

S18: Creating Belonging: Project Based Learning

S19: Assessing Effectiveness: Project Based Learning

S20: Assessing Effectiveness: Project Based Learning

Goals & Habits

S21: Creating Belonging: Individual Practices

S22: Creating Belonging: Group Practices

Reflections

S23: Reflections

S24: Reflections

S25: Reflections

Scope & Sequence 12th Grade

Leadership:
How can we work to
build a better world
through personal
influence and effective
teamwork?

Setting the Stage

S1: Welcome Back

S2: Community Building

S3: Community Agreements

S4: Community Agreements

Values & Purpose

S5: What Does It Mean To Lead

S6: To Be Lists: Understanding My Influence

S7: To Be Lists: Understanding My Influence

S8: Beyond High School: Purpose for Learning

S9: Beyond High School: Purpose for Learning

S10: Beyond High School: Personal Pursuits

S11: Beyond High School: Selfless Pursuits

Goals & Habits

S12: To Be Lists: Habits for Well-being

S13: To Be Lists: Habits for Well-being

S14: To Be Lists: Habits for Leadership

S15: To Be Lists: Habits for Leadership

Empathy & Compassion

S16: Critical Consciousness: Perspective-Taking

S17: Critical Consciousness: Perspective-Taking

S18: Critical Consciousness: Perspective-Taking

Leadership & Teamwork

S19: Leaving A Legacy: Leading Your School

S20: Leaving A Legacy: Leading Your School

S21: Working Together: A More Connected Community

S22: Working Together: A More Connected Community

S23: Working Together: A Better World

S24: Working Together: A Better World

Reflections

S25: Reflections